

FALL 2022



“Lighting the Path for Your Education”



September 19 through December 17
No Classes October 10-15;
November 11; November 21-26
Registration begins September 6
pgadulter.pgusd.org 831-646-6580

MESSAGE FROM THE PRINCIPAL

Welcome to Pacific Grove Adult Education!

Our experienced supportive teachers and staff are committed to providing you high quality, student friendly classes and programs designed to help you reach your personal, educational and career goals.



Whether your goal is to attain your high school diploma or high school equivalency, develop and strengthen your English reading, writing and speaking skills, improve your computer skills, expand your knowledge about effective parenting or support your health through physical exercise, we have classes for you.

Pacific Grove Adult Education is a proud member of the Monterey Peninsula Adult Education Consortium. As the principal of Pacific Grove Adult Education and MPAEC team leader, I want to assure you that we will continue to provide quality programs that serve our community.

I am proud to be principal of Pacific Grove Adult Education and am honored to work with our outstanding staff and community. You can also visit our website at pgadulthood.pgusd.org to access all of our course offerings.

See you around the campus,

Barbara Martinez
Principal, Pacific Grove Adult Education

Refunds

We will refund in the event that your class is cancelled due to low enrollment. Since classes are determined by pre-registration, early enrollment is strongly advised. Please plan carefully, as there will be NO REFUNDS unless the Adult School cancels the class.

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ACTIVE OLDER ADULT

These specially designed classes for mature adults provide learning opportunities to optimize physical and mental fitness - but adults of all ages are welcome to attend. You may register and begin class at any time throughout the session. PGUSD residents receive a \$5 discount when you register in person or by phone. Discount not available for online registration. We offer a "Five-Day Workout Special" for \$90 when you register for two active older adult classes. (Resident discount not applicable for Five-Day Workout Special). *Hybrid Instruction: Attend live online via ZOOM or in class. In-class participation is limited.*

Stretch and Yoga

This class balances the mind and body through stretch and yoga techniques. Emphasis is put on breathing, focus, building strength and endurance, and lengthening muscle tissue.

M, W, F 6:30-7:30 a.m. Live via Google Meet \$75 J. Light

Body Conditioning with Janet

This class builds strength, endurance, and flexibility. Exercises include stretching techniques and strengthening for the upper and lower body using weights, Dyna Bands, and exercise balls.

T, TH 4:30-5:30 p.m. Live via Google Meet \$50 J. Light

Circuit Training

Get a balanced workout combining strength, balance, and endurance in a creative and flexible routine. Standing and mat exercises incorporated.

M, W, F 9-10 a.m. Hybrid/Meals on Wheels \$60 M. Dalhamer

Lite Aerobics

Cardiovascular exercise with strength and stretching routines with the goal of improving all elements of fitness for the first 40 minutes. Followed by 15 minutes of seated conditioning with weights.

M, W, F 10-11 a.m. Hybrid/Meals on Wheels \$60 M. Dalhamer

Strength and Balance with Marta

This class will help you build strength while improving your stability and coordination. The first half of the class involves standing. The second half of class involves sitting.

T, TH 8-9 a.m. Hybrid/Meals on Wheels \$50 M. Dalhamer

T, TH 9-10 a.m. Hybrid/Meals on Wheels \$50 M. Dalhamer

GYROKINESIS® (not applicable for Five-Day Workout Special)

Exercises using three-dimensional movements with corresponding breathing patterns to promote suppleness and strength in the body.

T, TH 10:15-11:15 a.m. Hybrid/Multi \$90 S. Beck

ACTIVE OLDER ADULT



Cardio Conditioning

Traditional aerobics class with music from the 1950's thru 1990's. Emphasis on cardiovascular fitness, stretching, and abdominal conditioning.

M, W, F *10-11 a.m.* *Hybrid/Multi* *\$60* *S. Beck*

Pilates

Core conditioning class with emphasis on abdominals and upper back muscles. Students perform exercises developed by Joseph Pilates using a mat.

T, TH *9-10 a.m.* *Hybrid/Multi* *\$50* *S. Beck*

Balance Fitness with Chair

Enjoy this 45-minute class focused on balance, strength and stretching. We begin with a gentle warm up followed by focusing on stability, core and balance exercises. Exercises are performed seated and standing. Strength exercises are included (with the option of hand weights). Class ends with 5-10 minutes of stretching. Everything from your fingers to your toes are included!

T, TH *9:30-10:15 a.m.* *Live via Zoom* *\$50* *T. St. Pierre*

COMMUNITY EDUCATION

Looking for a new dance and fitness option? Choose from Zumba, Ballet, Swimming, or Belly Dancing to name a few. Maybe Spanish, Italian or French classes are on your bucket list? We have classes for all three. Try one of our many art classes such as Painting, Watercolor, Colored Pencil or Calligraphy. Join one of our Computer Tech classes or learn new skills in a Photography class. Birding and Guitar offer an opportunity for personal growth and community connection

ART

Outdoor Painting

Enjoy the beauty of the Monterey Peninsula while painting outside at various locations. Teacher will provide individual attention as well as critique at the end of each class. The first class meets in the Art Room at school and a locations list will be handed out at that time. Bring your own equipment and art supplies to class. Please note, this class involves some walking (sometimes on uneven ground) and you are responsible for carrying your own supplies.

W 10 a.m.-12:30 p.m. Outdoors \$100 M. Gilmore

Art Studio

Meet inside the Art Room or outside in the school's Meadow area. Work on your own projects. Bring your own favorite art supplies to use. Painting, drawing, mixed media, etc. Demos and individual attention given. Group critique given at the end of each class.

F 10 a.m.-12:30 p.m. PGAE Campus \$120 M. Gilmore

Watercolor FALL! (Seven weeks)

Narrated demo of fall theme watercolor for those who already have basic watercolor skills. You are also welcome to work on your own piece in class. Painting landscape, still life and the glory of this colorful time of year.

M 1-3 p.m. Live Via Zoom \$75 D. Grindol

Beginning Drawing (Seven weeks)

For both beginning and returning students. We will study the skills needed to draw and how to see like an artist. Drawing is a fundamental skill in art, which we will explore through lessons based on "Drawing on the Right Side of the Brain" by Betty Edwards.

TH 1-3 p.m. Art Room \$75 D. Grindol

Beginning Watercolor (Seven weeks)

For both beginning and returning students. We will practice watercolor skills and color mixing, and will create works of art. We will paint a landscape together by the end of class.

T 1-3 p.m. Art Room \$75 D. Grindol

COMMUNITY EDUCATION

Journals (Four weeks; 11/15, 11/29, 12/6, 12/13)

Make a journal, and explore ways to journal including recording nature, keeping a theme journal, using an art journal or keeping a travel journal. Use drawing and watercolor skills; students of any skill level are welcome to participate.

T 1-3 p.m. Live Via Zoom \$40 D. Grindol

Art in the Evening: Learning From The Masters

Time for art. Doing art is like meditation, it's good for you. You may work on an independent art project in any media and receive teacher input. We will look at the styles of some famous artists, then try to work in that style.

W 7-8:30 p.m. Live via Zoom \$75 D. Grindol

Color Theory for Paint Mixing (Four Weeks; 11/17, 12/1, 12/8, 12/15)

We will create a color wheel, learn about the relationships between colors and how to mix them. We will explore using compatible colors in limited color works, and how to define colors so you can recreate them in your work. Work in any medium you enjoy.

TH 1-3 p.m. Live Via Zoom \$40 D. Grindol

Intro to Colored Pencil-Botanical Art (Five weeks; Begins 10/17)

Learn tips, tricks and techniques using colored pencils. Create sensational and accurate botanical art. The intense colors of the autumn season will be our inspiration. This is a great class for beginners.

M 9:30-11:30 a.m Live via Zoom \$50 J. McKnight

Advanced Colored Pencil – Botanical Art

In the autumn, Mother Nature is her most exuberant self. We will attempt to capture that energy in a variety of botanical studies. Using keen observational skills, plus artistic and scientific methods, students will be encouraged to develop their own illustrating style.

W 1-3:30 p.m. Live via Zoom \$90 J. McKnight

Fall Calligraphy (Eight Weeks)

This 8-week session is designed for beginner or experienced calligraphers. We will learn an easy Gothic (AKA Blackletter) lettering style, perfect for making special Fall, Halloween and Holiday cards, envelopes and other creative projects. Selected sample materials will be provided.

W 1-3 p.m. Hybrid/Rm 1 (\$5 material fee)+ \$80 M. Howe

COMMUNITY EDUCATION

FOREIGN LANGUAGE

Spanish I

In this introductory course, students learn the fundamentals of Spanish with basic vocabulary, the present tense and practical topics like food, travel, family, weather, emotions, clothes, and household chores. Pronunciation, pair conversation and fun activities are featured in each class.

TH 1-2:30 p.m. Room 3 \$75 C. Rodriguez

Spanish II

Moving beyond an introductory level, this course reviews the present tense and adds the two past tenses. Students listen to stories and discuss what has happened. Students share about their own lives in Spanish and practice in pairs with new lists of questions. Students improve their pronunciation and translation skills with greater comprehension and ability to speak Spanish.

T 1-2:30 p.m. Live Via Zoom \$75 C. Rodriguez

Spanish III

Hola! Come and improve your Spanish in this interactive conversational Spanish class. Emphasis will be on topic based conversation and grammar, with some reading and writing. Proficiency in the present and past tense is preferred.

TH 1:30-3 p.m. Room 2 \$75 C. Sendell

Italian I

Enjoy Italian melody and culture. This is an introduction to the Italian language where students will learn fundamentals and pronunciation. This is a class for beginners and those with basic knowledge. We will use pair conversation, short stories, songs and role playing on the main topics of daily life. We will explore the main national holidays with their habits and food and the most important Italian cities. We will discuss essential tips and learn vocabulary for traveling in Italy.

TH 5:30-7 p.m. Room 1 \$75 V. Garramone

French II

In this class, we will practice the near future, the passé composé and the reflexive verbs. We will also uncover tricks to help master pronunciation. Planning a trip to France soon? A full lesson will be dedicated to restaurant vocabulary and key sentences. Proficiency in the present tense preferred.

T 1-2:30 p.m. Live via Zoom \$75 S. O'Neil

COMMUNITY EDUCATION



French III

This is a conversational based class. Students will participate in extensive guided conversations. Intermediate level of grammar structures will be introduced as well as increased vocabulary building and pronunciation activities, if needed. Proficiency in the present, near future, and passé composé tenses preferred. Advanced students welcome.

TH 5:30-7 p.m. Live via Zoom \$70 S. O'Neil

French IV

Voilà - nous sommes de retour! To demystify the subjunctive, practice pronunciation, increase vocabulary, while reading from classic and modern literature as well as conversing on topics of current interest through articles and videos (movies, music, interviews). Je vous invite: soyez dans le coup avec nous. Intermediate to advanced level students are welcome!

T 5-7 p.m. Room 2 \$90 J. Doby

FITNESS AND RELAXATION

Zumba

Zumba is a dance fitness format that incorporates salsa, merengue, cumbia, reggaeton and other world music into a fun, cardio workout. Come and dance!

S 9:15-10:15 a.m. Multi-Purpose Room \$50 M. Kerchen

T 6-7 p.m. Hybrid/PGHS Dance \$50 F. Ison

TH 6:15-7:15 p.m. PGHS Dance \$50 S. Gallagher

Beginning Ballet

This class is for the “little dancer” in an adult body who either took ballet lessons a long time ago or never did.

W 12-1 p.m. Multi-Purpose Room \$50 S. Beck

COMMUNITY EDUCATION

Line Dancing with Belle

Kick up your heels and join the fun! Beginner and Intermediate dancers welcome.

W 4-5:30 p.m. Meals On Wheels \$75 B. James

Belly Dancing With Jamaica

Jamaica's teaching style represents both traditional Middle Eastern and classic American styles of belly dance. All levels welcome.

TH 11:30 am-12:45 pm Multi-Purpose Rm \$75 J. Sinclair

Qigong

QIGONG is the cultivation of your vital life energy and wellness through gentle, flowing movements aligned with conscious breath practices. Appropriate for Everyone.

T 4-4:40 p.m. Hybrid/Multi \$50 L. Goulet

Tai Chi 24 Forms

Weekly practice and refinement of Yang style 24 forms. Experience with some form of Tai Chi is very helpful.

T 4:45-5:30 p.m. Hybrid/Multi \$50 L. Goulet

Adult Lap Swim

On-the-deck instructor will provide stroke technique instruction. This is an independent open swim with lane space for all levels of swimmers from beginner to advanced.

T, TH 5:30-7:15 p.m. PGHS Pool \$85 C. Peterson

S 9-10:45 a.m. PGHS Pool \$45 C. Peterson

T, TH, S PGHS Pool \$120 C. Peterson

Pickleball- Beginners

This class provides an introduction to the fastest growing sport in the world, including rules, techniques and strategies. **Use of sound-dampening paddles is encouraged.**

T 12-2 p.m. Morris Dill Courts \$80 Dalhamer/Ottmar

Pickleball- Intermediate

This class provides players with an opportunity to work on more advanced skills such as blocking, topspin drives, and third-shot drops. **Use of sound-dampening paddles is encouraged.**

TH 12-2 p.m. Morris Dill Courts \$80 Dalhamer/Ottmar

COMMUNITY EDUCATION

WELLNESS AND COMMUNITY INTEREST

Cinema History - Essential Australian Films

We will watch and debate 10 essential Australian-directed films, ranging from New Wave classics to modern-day Sci-Fi masterpieces.

F *9-11 a.m.* *Live Via Zoom* *Free* *K. Ottmar*

Creative Writing - Short Story/Memoir/Screenplay

This creative writing course explores basic elements of narrative writing, including scene, character and dialogue development, as well as habits necessary to grow as a writer.

M *12-2 p.m.* *Live Via Zoom* *Free* *K. Ottmar*

Conscious Parenting

Understand the underlying reasons for your kid's behavior and your triggers. Learn practical tools to stop yelling, begging, and forcing them to cooperate. Build a strong relationship with your kids on a deep level. Empower them to be self-driven.

W *6-8 p.m.* *Live via Zoom* *\$90* *A. Norouzi*

Beginning Guitar

This is a weekly meeting for one hour where we will learn guitar chords, some fingerpicking and a little about music. Geared towards beginning guitar students to improve their knowledge of chords, rhythm, fingerpicking and having fun with the guitar.

TH *6-7 p.m.* *Room 6* *\$60* *G. Hyde*

Birds of Monterey County (Six weeks)

We will learn to identify resident and migratory bird species by sight and sound on field trips to local birding hotspots. Binoculars required. There are online homework assignments to prepare for the field trips. Each session runs 6 weeks.

Mondays: 9/19 - 10/31; Tuesdays: 9/20 - 11/1; Thursdays: 9/22 - 11/3

M, T, or TH *9-11 a.m.* *Outdoors* *\$65* *R. Carratello*

Simple Health Solutions During COVID (Five weeks)

The importance of immune support and simple, natural solutions for our health has been magnified during the pandemic. Over the course of five classes, be empowered with holistic information and with plants as medicine to boost the immune system and reduce stress; green cleaning to reduce toxins; tools to reduce mold risk; body support with ayurvedic practices, and solutions for supporting our children and/or pets.

T *12:30-1:30 p.m.* *Hybrid/Rm 1* *\$40* *T. Hubbard*



Mac Computers and Devices (Eight weeks)

Learn about the new iPad Air and iPad Pros and Mac Computers with the M1 or M2 processor family, and the iOS 15, iPadOS 15, and Monterey operating systems plus NEW iOS 16 and Ventura OS. Discover the iPhone 14 family with its new processor and the new wide angle Camera shooting Macro and Cinematic modes. Learn about the newly designed MacBooks, iMac, and the brand new Mac Studio Computer and Studio Display. Improve skills used for Cloud, Search, and Communications. Discover how Privacy and Security features protect users from Cybercrime and Intrusion. Students should have good familiarity with Mac Computers and Apple Devices.

TH **10 a.m.-noon** **Live via Zoom** **\$80** **R. Cassam**

Dramatic Photography

You will learn the most important settings, uses and scenarios of when to use what and why. Be prepared to be taking pictures in class and outside each evening. Bring your camera, (with batteries fully charged!), cables, tripod if you have one (I'll bring spares), and manual. The last two classes will be one hour each on locations like Fisherman's Wharf, and Cannery Row, Monterey.

W **6-7:30 p.m.** **Rm 7** **\$75** **G. Hyde**

Lightroom Classic Refresher

Adobe reimagined the Brush and Masking tools in the last version of Lightroom Classic (11.1). This upgrade is a real time saver. Learn to use the NEW brush and masking tools, review the best ways to manage and import your images with the Import Module and edit your images in the Develop Module. Requirement: basic knowledge of Lightroom Classic and navigating your computer.

T **6-8:30 p.m.** **Rm 7** **\$120** **B. Moon Batista**

ADULTS WITH DISABILITIES

WITHOUT WALLS

About Us

Without Walls is a Community Based Day Program for adults with developmental disabilities. A joint program of Pacific Grove Adult School and the Gateway Center of Monterey County, it serves people from the greater Monterey Peninsula - Salinas area.

Program Focus

Using Person Centered Practices, we support the preferences, desires, and goals of each individual in the areas of vocation, education, personal development, socialization and recreation. To achieve these ends, our daily focus is on:

- Community Integration
- Relationship Building
- Skill Development
- Hands-on Training

Entrance Criteria

- Be a client of SARC (San Andreas Regional Center). We also reserve openings for those who are not clients. Please call or email to inquire.
- 18 years or older
- Use the restroom independently
- Handle & administer medication independently (during program hours)
- Have a desire to integrate into, or volunteer in, the community
- Able to participate safely in the community at a student to staff ratio of 3:1

Program Dates

- The program is open year round but is closed during PGUSD's scheduled breaks (such as Spring Break, Fall Break, etc.).

Home Deliveries

For those remaining on Zoom, we deliver supplies necessary for the coming week.

Zoom Programming Continues (concurrent with in-person programming)

- 29 hours of programming are offered over Zoom. Attend all 29 hours, or log in and out as you wish.
- Breaks are encouraged. Get up and move around, keep a water bottle handy, and bring your snacks.
- We use break-out rooms on Zoom to provide more than one activity option at a time. This allows us to pursue individual interests and goals.
- We maintain the 3:1 student to staff ratio online.
- There will be a live Zoom feed in the classroom, to connect the two groups.

For Questions, or to Enroll, Contact:

Daniel Lomeli, Community Integration Coordinator
Without Walls, Gateway Center of Monterey County
850 Congress Avenue
Pacific Grove, CA 93950
dlomeli@gatewaycenter.org
831-785-6516 (Text or Call)

Program Schedule

9:30 a.m.: Welcome
9:45 a.m.: Meditation and stretching
10:30 a.m.: Social time, lessons, games
12:00 p.m.: Lunch
1:00 p.m.: Social time, activities, outings
2:30 p.m.: Goodbye

PARENT ENGAGEMENT FOR STUDENT SUCCESS

PARENTS' PLACE

Welcome to Parents' Place, an award-winning Parent Education Program of Pacific Grove Adult Education. Parents' Place offers a variety of classes held in-person (with several options to join via livestream). Weekly age-related, parent engagement classes for parents/caregivers of children birth-3 years offer parenting topics and discussions suitable for their child's unique developmental age. Parents/caregivers learn valuable parenting skills and techniques while engaging and connecting with other families in both our age-related and speciality classes. We offer an atmosphere of support where babies and children play and learn in a safe, nurturing, and stimulating environment. Groups are facilitated by experienced and credentialed parent educators.

Parent Engagement Classes

Afternoon Classes for Parents/Caregivers with Babies:

These classes offer age-appropriate activities, weekly parenting questions and topic time, and a chance to connect with other families. *Listed from youngest to oldest.*

Wed PM: 12:30-2:30 (C. Kershner) Forest Room- **Child's DOB 07/01/22-12/31/22**

Tues PM: 12:30-2:30 (C. Kershner) Forest Room- **Child's DOB 03/01/22-06/30/22**

Thurs PM: 12:30-2:30 (C. Kershner) Forest Room-**Child's DOB 12/01/21-02/28/22**

Tues PM: 12:30-2:30 (K. Stember) Earth Room- **Child's DOB 07/01/21-11/30/21**

Morning Classes for Parents/Caregivers with Toddlers:

These classes offer age-appropriate activities, weekly parenting questions and topic time, and a chance to connect with other families. *Listed from youngest to oldest.*

Wed AM: 9:30-11:30 (C. Broz) Earth Room- **Child's DOB 05/01/21-08/31/21**

Thurs AM: 9:30-11:30 (C. Kershner) Forest Room- **Child's DOB 01/01/21-04/30/21**

Tues AM: 9:30-11:30 (C. Broz) Earth Room- **Child's DOB 10/01/20-12/31/20**

Wed AM: 9:30-11:30 (C. Kershner) Forest Room- **Child's DOB 06/01/20-09/30/20**

Thurs AM 9:30-11:30 (C. Broz) Earth Room- **Child's DOB 03/01/20-05/31/20**

Tues AM 9:30-11:30 (C.Kershner) Forest Room- **Child's DOB 11/01/19-02/29/20**

The cost of classes listed above is \$75

Fees cover materials and supplies. Parent engagement curriculum free

PARENT ENGAGEMENT FOR STUDENT SUCCESS

Strengthening Your “Village”- Evening Parent Group

Join this 6 week class to form new connections, offer and receive support, and share experiences on parenting your 18mo - 5yr old. Class includes a weekly evening virtual meeting for parents to discuss topics of interest, and access to parenting resources via Google Classroom. *(This class is for adults)* **Session runs from 10/5-11/16**

W **7-8:30 p.m.** **Google Meet** **\$60** **C. Kershner**

Tots in Motion

Through free exploration and physical activities, tots will strengthen their gross motor skills, balance, and coordination using age-appropriate equipment. Parents learn ways to promote their child’s gross motor development. Each child must be accompanied by an adult. *(Ages crawling - 2 years)*

M **1-3 p.m.** **Multi Purpose Room** **\$75** **C. Broz**

Young at Art

This class is designed for little hands where the focus is on exploration and inspiring creativity. Inspire your little artist with tempera paint, watercolor, glue, collage materials and sensory art activities. Art has a soothing effect, moves, heals, inspires and connects people. *(Ages 18 months - 3 years)*

F **9:30-11:30 a.m** **Moon Room** **\$75** **K. Stember**

Discovery Time

Children discover the wonder of nature and learn the cycles of life firsthand. Come plant seeds and seedlings, water, watch them grow, and care for them over time. As the season changes we will explore science activities, nature crafts, art and storytelling. *(Ages 2.5 - 5 years).*

M **12:30-2:30 p.m.** **Moon Room** **\$75** **K. Stember**

Outdoor Monday Morning Stories

This class promotes language development through stories, fingerplays, and story-related art. *(Ages 1 - 3 years)*

M **9:30-11:30 a.m.** **Earth Room** **\$75** **C. Broz**

1-2-3 Sing with Me with MaryLee

This sing-a-long class is designed to engage the toddler in a variety of musical experiences. *(Ages 1-3 years)*

M **11-11:45 a.m.** **Hybrid/Musical Garden** **\$60** **C. Kershner**

Wee Chant with MaryLee

An enchanting music class that celebrates multicultural songs and lullabies. *(Ages Birth-1 year)*

F **1-1:45 p.m.** **Hybrid/Musical Garden** **\$60** **K. Stember**

PARENT ENGAGEMENT FOR STUDENT SUCCESS

Learning Through Play to be Kinder Ready

An enrichment class designed to build the foundation in early childhood for TK/ Kindergarten readiness. Your child will “thrive by five” with a fun, age-appropriate curriculum facilitated through center-based play that spans all areas of development. Parents volunteer in the classroom once a month. Parent Meeting held virtually once a month with various parenting topics. (*Ages 3.5-5 years*).

T, TH 11:45 a.m.-2:45 p.m. Rm 15 \$200 C. Broz

CO-OP PRESCHOOL

The Pacific Grove Adult Education Co-op Preschool operates as part of our Parent Education Program for children ages three years through Kindergarten entry. Our program is designed to create an environment that provides opportunity for growth for both parent and child. Physical, emotional and social skills are developed through developmentally appropriate activities in art, music, science and play. Emphasis is on the development of the whole child. It is our goal to acknowledge each child where he or she is upon entering preschool and taking them as far as they can go. We also strive to provide parents the support they need to help their children be academically and socially/emotionally successful in school. It is paramount that children leave preschool feeling confident, capable and knowing that school is a place where they will be safe, valued and successful. We also offer a Dual Language Parent Education Co-op class that embeds Spanish into daily lessons, where children acquire second language skills through games, movement, music and thematic play. Ven y explora - Come and explore!

Ages/Policies

- Children must be 3 years old by September 1 of the year they will start
- Children must be potty learned by the first day of school
- Teachers will conduct child/parent orientations prior to first day of class
- Parents are required to work one day per week in class and attend the evening meeting once-per-month

NOW ENROLLING FOR THE 2022-2023 SCHOOL YEAR

Fee: \$200/month

Fees cover preschool, materials and supplies. Parent Engagement curriculum free.

Co-op Preschool

M-F 8:45-11:30 a.m Pine Avenue J. Kite
M-F 8:45-11:30 a.m. Dual Language-Rm 16 A. Macias-Rivera

Parent Education Class (meets once a month)

T 6:30-8:30 p.m. Via Zoom Free J. Kite
W 6:30-8:30 p.m. Google Meet Free A. Macias-Rivera



Our ESL classes are designed for adults who want to learn English or want to improve their English language skills. We offer a variety of classes, ranging from the beginning level to advanced. All classes focus on listening, speaking, reading, and writing, and we learn about American culture. Students also acquire language skills that will help them in their current workplace or enable them to find better jobs. In addition to the beginning, intermediate, and advanced classes, we offer an ESL multi-level lab class in the evening. All classes use the Burlington English online program.

Contact Sandra Dorantes at sdorantes@pgusd.org or call our office at 831-646-6580 for additional information.

ESL Level A - Beginning

The ESL Level A class is an introduction to oral and written English. Students will learn and review the first concepts of basic English grammar, acquire new vocabulary words, and practice how to pronounce them. Students are given daily opportunities to converse in English with the teacher and their classmates on a variety of topics. Along with developing listening, speaking, reading, and writing skills, students will regularly learn about American culture.

<i>M, T, W</i>	<i>9 a.m.-noon</i>	<i>Rm 1</i>	<i>Free</i>	<i>J. Billets</i>
<i>TH</i>	<i>9-11 a.m.</i>	<i>Rm 1</i>	<i>Free</i>	<i>J. Billets</i>

ESL Level B - Intermediate

Students in the ESL Level B class will review concepts introduced in Level A and will learn more complex grammatical structures in the English language. They will learn to use an increased vocabulary, and fluency is developed through class discussions on everyday topics and on reading selections. In addition to practicing listening, speaking, reading, and writing skills, the class will study American civics and culture.

<i>M, T</i>	<i>9 a.m.-noon</i>	<i>Rm 2</i>	<i>Free</i>	<i>TBD</i>
<i>W</i>	<i>9 a.m.-noon</i>	<i>Rm 2</i>	<i>Free</i>	<i>C. Sendell</i>
<i>TH</i>	<i>9-11 a.m.</i>	<i>Rm 2</i>	<i>Free</i>	<i>C. Sendell</i>

ESL

ESL Level C - Advanced

Students in the ESL level C class will continue to study the English language at a higher level. Students will speak with increased vocabulary about more complex topics, read more advanced articles/books, and write paragraphs that are well organized and use correct grammar. The class will also study American civics and culture.

<i>M, T, W</i>	<i>9 a.m.-noon</i>	<i>Rm 3</i>	<i>Free</i>	<i>B. Kraus</i>
<i>TH</i>	<i>9-11 a.m.</i>	<i>Rm 3</i>	<i>Free</i>	<i>B. Kraus</i>

ESL Multi-Level Lab

This multi-level lab will give ESL students an opportunity to work independently at their own level and pace. With teacher guidance, coursework will be designed to meet students' needs using Burlington English and other materials. This class will include approximately 30 minutes of open discussion/conversation to improve speaking skills and fluency. Students must be at High Beginning Level (CASAS 200) or higher to participate.

<i>T, TH</i>	<i>5:30-7:30 p.m.</i>	<i>Room 3</i>	<i>Free</i>	<i>M. Bahou</i>
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CITIZENSHIP



Pacific Grove Adult Education is proud to offer its Citizenship Preparation class. You will receive materials you need to fully prepare. Each class will feature different lessons to help you gain the knowledge and confidence you need to pass your citizenship interview. In addition to regular class work, all levels use the Burlington English online program for English learners. This program provides every student with lessons that they can complete on their computers at home or at school.

Contact Sandra Dorantes at sdorantes@pgusd.org or call our office at 831- 646-6580 for additional information.

Citizenship Preparation

Four Saturdays - 9/24; 10/15; 11/19; 12/17

This class includes basic speaking, reading and writing. Emphasis is placed equally on the questions from the N-400 application and the questions related to U.S. history and government.

<i>S</i>	<i>9:30-11:30 a.m.</i>	<i>Room 2</i>	<i>Free</i>	<i>A. McDowell</i>
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HIGH SCHOOL DIPLOMA/HiSET

Pacific Grove Adult Education offers High School Diploma/Credit Recovery and High School Equivalency (HiSet/GED). Students are able to work at their own pace, working from anywhere using our distance learning options. Equivalency preparation materials are offered in English and Spanish (printed curriculum courseware available on an as-needed basis).

Students access online classes using Edmentum Educational software and can be utilized through PC, laptop and most larger personal devices. Courseware customized to meet student's needs. Students are required to log at least 3 hours study time per week to meet online attendance minimums. Classes are free of charge. Job search assistance, resume building, interview preparation and career planning services for students are also available by appointment.

HIGH SCHOOL GRADUATION REQUIREMENTS

To earn your High School Diploma, you must complete 200 credits:

- English: 40 credits
- Social Studies: 40 credits
- Math: 20 credits
- Science: 20 credits
- Fine Art or Foreign Language: 20 credits
- Graduation Portfolio: 5 credits
- Electives: 65 credits

HSD/HSE

Contact Eric Saavedra at esaavedra@pgusd.org for information. Program intake and interviews will be conducted in person, by phone, Google Meet and/or Zoom as needed.

<i>M, W</i>	<i>9 a.m.-1 p.m.</i>	<i>Free</i>	<i>P. McCormick</i>
<i>T</i>	<i>4-8 p.m.</i>	<i>Free</i>	<i>P. McCormick</i>
<i>TH</i>	<i>2-6 p.m.</i>	<i>Free</i>	<i>P. McCormick</i>

HiSet Exam

- This is a paper and pencil exam in a quiet, friendly setting.
- Students can take up to 2 exams in a session (excluding Math).
- Battery of 5 tests costs \$140.00, or \$105.00 for the first test and \$15.00 for each subsequent test. Retakes are \$20.00 each.
- HiSET test fees (\$140) are for all five tests and are waived for students participating in test preparation class (minimum 12 hours in-class study, Pre and Post testing required).
- Appointment by reservation only. Call (831) 646-6580 to schedule. Tests are conducted on Wednesdays at 5:30.

Pacific Grove Adult Education

1025 Lighthouse Ave
Pacific Grove, CA 93950

Main Office: (831) 646-6580 Fax: (831) 646-6578

Office Hours

Monday and Friday 8 a.m. - 4 p.m.

Tuesday, Wednesday and Thursday 8 a.m. - 8 p.m.



PACIFIC GROVE ADULT EDUCATION
1025 LIGHTHOUSE AVE
PACIFIC GROVE, CA 93950

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